

High Performance GF

- **More Intense Workouts**
- **Laser-like Focus**
- **Delayed Muscle Fatigue**
- **Faster Recovery**
- **Great Taste**



Peptide Bonded Glutamine - Boosts Anabolism; Improves Health and Digestion.

Carnosyn® beta-Alanine - Delays the onset of muscle fatigue. Train more intensely, recover faster, gain more lean tissue.

Arginine - Nitric Oxide Generation, Anti-catabolic. Decreases tissue regrowth times. Can be used by the body to manufacture Ornithine. Ornithine stimulates Human Growth Hormone.

Glycine - Draws water to muscle tissue. Also is a precursor for glutathione... much needed by stressed athletes.

Cysteine - The rarest of the amino acids. The limiting factor in glutathione production, much needed by hard training athletes.

Taurine - Osmotic... osmoregulation.

Leucine - a SBCAA. Assists in bodyfat loss. Effective at preventing muscle wasting.

Vitamin B6 - Amplifies the function of many amino acids in the body... especially cysteine and arginine. Has been shown to increase the oxygen carrying capacity of hemoglobin, thereby improving athletic performance. Also is an important precursor in the body for the manufacture of Carnitine... burns stored fat and reduces lactic acid build-up in muscle during exercise. More effective than supplementing with L-carnitine.

Glucose - Used to stimulate production of insulin in order to direct/transport amino acids to muscle tissue.

NO CARB LOADING NECESSARY!

Supplement Facts

Serving Size: approx. 1 Scoop (42g)

Servings per Container: 30

	Amount Per Serving	Per 100 Grams	
Calories	140	330	
Calories from Fat	> 10		
KJoules	590	1390	
Calories from Fat	> 10		
		% of Daily Value*	
Total Fat	0g	0%	0
Saturated Fat	0g	0%	0
Trans Fat	0g	0%	0
Cholesterol	0mg	0%	0
Sodium	50mg	2%	120 mg
Potassium	50mg	2%	120 mg
Total Carbohydrates	19g	6%	46 grams
Dietary Fiber:	0 g		0
** Sugars	19g		45 grams
Protein	16g	32%	38 grams
Vitamin A	<2%	Vitamin C <2%	
Riboflavin	<2%	Vitamin B6 200%	

* Percent of daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Peptide Bonded Glutamine	6 grams
Creatine Monohydrate	5 grams
Arginine	3 grams
Carnosyn® beta-Alanine	1.5 grams
Energy Blend	245 mg.
Caffeine, 1.3rDimethylamylamine, Shizandrol	

** No Sucrose or fructose added to this product.

Ingredients: Glucose, Amino Pumping Blend (Peptide Bonded Glutamine, Creatine Monohydrate, L-Arginine, L-Glycine, L-beta-Alanine, L-Isoleucine, L-Taurine, N-Acetyl-Cysteine), Natural and Artificial Flavors, Citrulline Malate, Citric Acid, Sodium Citrate, Malic Acid, Electrolytic Minerals (Potassium Citrate, Sodium Citrate), Acesulfame Potassium, Sucralose, Vitamin B6 (pyridoxine hydrochloride).

Ingredients: Glucose, Acides Amines (Peptide Glutamine, Creatine Monohydrate, L-Arginine, L-Glycine, L-beta-Alanine, L-Isoleucine, L-Taurine, N-Acetyl-Cysteine), Aromes Natureles et Artificielles, Malate de Citrulline, Acide Citrique, Citrate de Sodium, Acide Malique, Electrolytic Mineraux (Chlorure de Potassium, Chlorure de Sodium), Acesulfame Potassium, Sucralose, Vitamine B6 (pyridoxine hydrochloride).